CATALOR CONTROL CONTRO

Enrollment Opens:
DECEMBER 3RD 2024
@10AM

REMINDERS:

- CLASSES ARE NONREFUNDABLE
- VERIFY THAT STUDENTS MEET THE AGE REQUIREMENT BEFORE ENROLLING TO ENSURE ELIGIBILITY.
- CLASSES CAN BE CANCELLED DUE TO LOW ENROLLMENT

FROM
JANUARY 6TH TO MARCH
215T

IMPORTANT ANNOUNCMENT!:

FISW IS LOOKING FOR PARENT VOLUNTEERS WHO ARE PASSIONATE ABOUT ENRICHMENT.GET HANDS-ON AND VOLUNTEER IN THE CLASSROOMS DURING SELECT ENRICHMENT CLASSES! IF YOU'RE PASSIONATE ABOUT MAKING A DIFFERENCE AND WANT TO BE INVOLVED, CONTACT AFTERSCHOOL@FISW.org to LEARN MORE ABOUT AVAILABLE OPPORTUNITIES.



YOGA 3:30PM-4:15PM

M

GRADE: PETIT ET MOYEN
INSTRUCTOR: CAMILA (CAMILA KIDS YOGA)

A PLAYFUL YOGA CLASS FOR PRESCHOOLERS, FILLED WITH FUN POSES AND GENTLE MOVEMENTS. KIDS WILL BUILD MOTOR SKILLS, FOCUS, AND CALM BREATHING IN A NURTURING SPACE.

PETITS AVENTURIERS EN CUISINE

3:30-4:30PM

GRADE: K-2ND
INSTRUCTOR: SAFIA (FISW)



JOIN OUR BILINGUAL CLASS WHERE YOUNG CHEFS EMBARK ON A CULINARY JOURNEY TO EXPLORE THE FLAVORS OF THE WORLD! EACH WEEK, WE'LL FOCUS ON A NEW COUNTRY, LEARNING ABOUT ITS CULTURE AND GEOGRAPHY. FROM DECORATING PIZZAS IN ITALY TO PREPARING SWISS FONDUE OR BELGIAN WAFFLES, STUDENTS WILL GET HANDS-ON AND ALSO DISCOVER THE TRADITIONS AND STORIES BEHIND EACH DISH. PERFECT FOR KIDS WHO LOVE TO COOK AND EXPLORE THE WORLD ONE TASTY DISH AT A TIME!

MONDAY ART ADVENTURES

3:30-4:45PM

GRADE: 3RD-5TH INSTRUCTOR: ANGELA (EPIC ART)



LET'S KEEP THE MAGIC OF MONDAYS MOVING! JOIN US AS WE CREATE AN ENCHANTING AND COLORFUL, ONE-OF-A-KIND CERAMIC FAIRY HOUSE, COMPLETE WITH MUSHROOMS, MAGICAL ROOFTOPS, AND MORE, IN THIS EXCITING MULTI-DAY PROJECT. THEN, WE'LL EXPLORE ITALY AND BRING MODIGLIANI'S PASTEL SELF-PORTRAITS TO LIFE, CAPTURING BOLD, BEAUTIFUL FEATURES. TO WRAP UP OUR MOST CREATIVE SESSION YET, WE'LL CRAFT ABORIGINAL-INSPIRED FIBER ANIMAL SCULPTURES, WEAVING TEXTURE AND COLOR INTO EACH UNIQUE CREATURE. THERE WILL BE PLENTY OF OPPORTUNITIES TO DIVE INTO VARIOUS MEDIUMS, GROW AS AN ARTIST, AND PLAY WITH NEW TECHNIQUES.

COCCESS

BALLET

4:30-5:30PM

GRADE:1ST-5TH INSTRUCTOR:NATALIE (FISW)



JOIN A FUN AND ENGAGING BILINGUAL FRENCH AND ENGLISH BALLET CLASS WHERE WE'LL PRACTICE CLASSIC BALLET BARRE EXERCISES AND DANCE ACROSS THE FLOOR! THIS CLASS INTRODUCES STUDENTS TO THE FIVE FUNDAMENTAL BALLET POSITIONS AND ELEGANT MOVEMENTS WHILE FOSTERING CONFIDENCE AND JOY IN DANCE. PERFECT FOR YOUNG LEARNERS TO IMMERSE THEMSELVES IN BOTH THE ART OF BALLET AND THE BEAUTY OF FRENCH CULTURE!



ÉCRITURE CRÉATIVE (CREATIVE WRITING)

3:30-4:30PM

GRADE:2ND-5TH
INSTRUCTOR:NADEGE (FISW)



UNLEASH YOUR CREATIVITY AND IMPROVE YOUR FRENCH SKILLS IN THIS FUN AND ENGAGING CREATIVE WRITING CLASS! IN THIS COURSE, STUDENTS WILL EXPLORE THE WORLD OF STORYTELLING, WRITE EXCITING SHORT STORIES, POEMS, AND EVEN COMIC STRIPS, ALL WHILE PRACTICING THEIR FRENCH.



TOUS DESCRIPTION

MINI ARTISTES

3:30-4:45PM

GRADE: K-2ND

INSTRUCTOR: ANGELA (EPIC ART)



LOOKING FOR SOMETHING MAGICAL TO BRIGHTEN UP WINTER TUESDAYS? YOUR LITTLE ARTIST WILL LOVE THESE CREATIVE PROJECTS! WE'LL SCULPT AN ADORABLE CERAMIC PENGUIN SWIMMING IN A SPARKLING OCEAN OF BLUE GLASS-YES, GLASS! WE'LL ALSO DIVE INTO A MULTI-DAY ARCTIC ADVENTURE, CREATING A PLAYFUL DIORAMA COMPLETE WITH A HANDMADE IGLOO, ICY WATERS, A STUNNING BACKDROP, AND THE CUTEST POLAR BEAR AND PENGUIN FIGURINES! TO TOP IT ALL OFF, WE'LL PAINT A COZY COCOA CANVAS FEATURING A STEAMING CUP OF HOT CHOCOLATE, PERFECT FOR THIS CREATIVE SEASON!

BEGINNER'S SPANISH

3:30PM-4:30PM

GRADE: K-5TH

INSTRUCTOR: REBECCA (FISW)



iJOIN US FOR A FUN-FILLED SPANISH ADVENTURE! IN THIS CLASS, KIDS WILL LEARN BASIC SPANISH WORDS AND PHRASES THROUGH GAMES, SONGS, AND ENGAGING ACTIVITIES. WE'LL EXPLORE COLORS, NUMBERS, GREETINGS, AND MORE, MAKING LANGUAGE LEARNING EASY AND ENJOYABLE

NEW!

CHESS

3:30-4:30PM

GRADE: 1ST-5TH
INSTRUCTOR: ORLOV CHESS ACADEMY



STUDENTS WILL LEARN CHESS TACTICS AND STRATEGIES, PLAY GAMES WITH FRIENDS, AND EMBRACE THE SPIRIT OF FRIENDLY COMPETITION. EACH CLASS INCLUDES LESSONS, PLAY TIME, AND CHESS PUZZLES.

*BASIC KNOWLEDGE OF CHESS MOVES REQUIRED.

**CHESS WILL RUN 1/14-3/25

TOSSECS

ART DU CIRQUE 3:30-4:15PM

GRADE: PETIT ET MOYEN INSTRUCTOR: NADEGE (FISW)



IN THIS CLASS, YOUR CHILD WILL LEARN HOW TO MOVE THROUGH SPACE USING SIMPLE ACROBATICS LIKE SUMMERSAULTS AND CARTWHEELS, IMPROVE THEIR BALANCE USING BALANCE BALLS AND BEAMS, AND FIND COORDINATION WITH RIBBONS AND SMALL BALLS— ALL IN A VERY PLAYFUL WAY!

DANCE 4:30PM-5PM



GRADE: K-5TH
INSTRUCTOR:NADEGE (FISW)

IN THIS DYNAMIC CLASS, WE'LL EXPLORE ACROBATIC SKILLS, COMBINING THE STRENGTH AND PRECISION OF GYMNASTICS WITH THE FLUIDITY OF RHYTHM AND MODERN DANCE. STUDENTS WILL LEARN EXCITING MOVES AND TECHNIQUES THAT WILL COME TOGETHER TO CREATE A UNIQUE, HIGH-ENERGY CHOREOGRAPHY. GET READY TO CHALLENGE YOUR BODY, UNLEASH YOUR CREATIVITY, AND PERFORM A ONE-OF-A-KIND ROUTINE!



CECNSER SECONS

HOCKEY

3:30-4:30PM

K-2ND

INSTRUCTOR: BRANDON B&B SPORTS



IN THIS ACTION-PACKED CLASS, KIDS WILL LEARN THE BASICS OF FLOOR HOCKEY, INCLUDING STICK HANDLING, PASSING, SHOOTING, AND TEAMWORK. EACH SESSION COMBINES SKILL-BUILDING DRILLS WITH FUN GAMES, HELPING PLAYERS DEVELOP COORDINATION, AGILITY, AND SPORTSMANSHIP. THIS IS A FANTASTIC WAY FOR KIDS TO STAY ACTIVE, BUILD CONFIDENCE, AND ENJOY FRIENDLY COMPETITION WITH CLASSMATES.

PHOTOGRAPHY

3:30-4:30PM

GRADES: 1ST-5TH

INSTRUCTOR: LOULOU (FISW)



IN THIS FUN CLASS, KIDS WILL EXPLORE BASIC PHOTOGRAPHY SKILLS, LIKE FRAMING, LIGHTING, AND STORYTELLING THROUGH PICTURES. EACH SESSION INCLUDES HANDS-ON ACTIVITIES AND SIMPLE PROJECTS TO SPARK CREATIVITY AND CAPTURE THEIR WORLD IN NEW WAYS!

*PHOTO DEVICE REQUIRED



FRENCH TUTORING

3:30-4:30PM

GRADE:3RD-5TH

INSTRUCTOR: SANDRA (FISW)



THIS SESSION OFFERS GUIDED SUPPORT WITH A FRENCH INSTRUCTOR FOR STUDENTS WORKING ON FRENCH ASSIGNMENTS AND PROJECTS. THE CLASS HELPS THEM GRASP GRAMMAR, EXPAND VOCABULARY, AND STRENGTHEN READING AND LISTENING SKILLS—WHETHER IT'S UNDERSTANDING TRICKY CONJUGATIONS, PRACTICING PRONUNCIATION, OR TACKLING COMPLEX HOMEWORK QUESTIONS.

The last of the la

THEATER

3:30-4:30PM

GRADE: 2ND-3RD INSTRUCTOR: SOPHIE (FISW)

STEP INTO THE WORLD OF IMAGINATION AND PERFORMANCE IN OUR THEATER CLASS! STUDENTS WILL LEARN THE BASICS OF ACTING, STORYTELLING, AND STAGE PRESENCE THROUGH FUN GAMES, CHARACTER EXERCISES, AND MINISCENES. THIS COURSE FOCUSES ON BUILDING CONFIDENCE, TEAMWORK, AND CREATIVITY AS STUDENTS EXPLORE DIFFERENT CHARACTERS AND SCENES, ALL IN FRENCH!



MUSIC MAKERS

3:30PM-4:30PM

GRADE:PETIT ET MOYEN INSTRUCTOR: REBECCA (FISW)

A PLAYFUL, MUSIC-FILLED ADVENTURE! IN THIS FUN AND INTERACTIVE CLASS, LITTLE ONES WILL EXPLORE RHYTHM, MELODY, AND MOVEMENT THROUGH SONGS, DANCE, AND PLAY. CHILDREN WILL SING ALONG TO JOYFUL TUNES AND ENGAGE IN MUSICAL GAMES THAT ENCOURAGE CREATIVITY AND SELF-EXPRESSION.



VIOLIN

GRADE: K-5TH
INSTRUCTOR: ELENA V

STUDENTS WILL BE PAIRED WITH A PRACTICE BUDDY TO DEVELOP THEIR SKILLS IN A SUPPORTIVE AND ENCOURAGING ENVIRONMENT. THIS COURSE IS PERFECT FOR BEGINNERS AS WELL AS THOSE WITH SOME PRIOR EXPERIENCE. CLASSES ARE OFFERED IN CONVENIENT 30-MINUTE TIME SLOTS TO SUIT EVERY STUDENT'S PACE AND NEEDS.

TOUSERS

HOCKEY

3:30-4:30PM GRADE: 3RD-5TH INSTRUCTOR: BRANDON B&B SPORTS



IN THIS ACTION-PACKED CLASS, KIDS WILL LEARN THE BASICS OF FLOOR HOCKEY, INCLUDING STICK HANDLING, PASSING, SHOOTING, AND TEAMWORK. EACH SESSION COMBINES SKILL-BUILDING DRILLS WITH FUN GAMES, HELPING PLAYERS DEVELOP COORDINATION, AGILITY, AND SPORTSMANSHIP. THIS IS A FANTASTIC WAY FOR KIDS TO STAY ACTIVE, BUILD CONFIDENCE, AND ENJOY FRIENDLY COMPETITION WITH CLASSMATES.

FILM

3:30-5:00PM

GRADE:2ND-5TH
INSTRUCTOR: CHERRY STREET FILM



STUDENTS WILL EXPLORE THE FULL SPECTRUM OF DIGITAL FILMMAKING, FROM STORY DEVELOPMENT AND PRODUCTION PLANNING TO SHOOTING AND EDITING. THE PROGRAM EMPHASIZES COLLABORATION, CREATIVITY, AND TECHNICAL LITERACY, AND WILL CULMINATE IN A FILM PREMIERE PARTY, WHERE STUDENTS WILL PRESENT THEIR FINAL PROJECTS TO FAMILY AND FRIENDS.



TEESEESS

STORYTELLING AND ART 4:00PM-5:00PM

GRADE: MOYEN & K
INSTRUCTOR: SAM (FISW)



IN THIS ENGAGING AND CREATIVE COURSE, STUDENTS WILL ENJOY LISTENING TO A STORY IN FRENCH AND ENGLISH. THEN BRING THE STORY TO LIFE BY MAKING AN ART PIECE INSPIRED BY WHAT THEY'VE HEARD! FOR EXAMPLE, THEY MIGHT CREATE BINOCULARS TO USE ON A PRETEND BEAR HUNT ADVENTURE. THIS INTERACTIVE EXPERIENCE COMBINES LANGUAGE, IMAGINATION, AND HANDS-ON CREATIVITY, HELPING CHILDREN CONNECT WITH STORIES!

JUNIOR STEM ENGINEERS

3:30PM-4:30PM

GRADE:K-1ST
INSTRUCTOR: SNAPOLOGY



THIS CLASS PROVIDES HANDS ON EXPERIENCES WHERE THEY CAN EXPLORE THE EXCITING WORLD OF ENGINEERING. THROUGH ACTIVITIES LIKE BUILDING WITH DUPLO® BLOCKS, EXPERIMENTING WITH PULLEYS, LEVERS, GEARS, WHEELS, AND AXLES, AND DISCOVERING CONCEPTS LIKE ENERGY, BUOYANCY, AND BALANCE, CHILDREN WILL DEVELOP PROBLEM-SOLVING SKILLS WHILE HAVING FUN. IT'S A PERFECT WAY TO INSPIRE CREATIVITY, CURIOSITY, AND A LOVE FOR ENGINEERING AT AN EARLY AGE!



General Services

ROBOTICS 3:30PM-4:30PM

GRADE:2ND-5TH
INSTRUCTOR: SNAPOLOGY



HAVE A BLAST LEARNING HOW TO CODE WHILE BUILDING ROBOTIC GAMES TO TEST YOUR CODE. STUDENTS WILL LEARN ABOUT SEQUENCING COMMANDS, VALUE AND SENSOR INPUTS, AND LOOPS. WHETHER CREATING A ROBOTIC HOCKEY PLAYER, PINBALL MACHINE, OR A RING TOSS, YOUR CHILD IS SURE TO HAVE FUN BUILDING, LEARNING, AND PLAYING.

NEW!

PATISSERIE

3:30-4:30PM K-3RD INSTRUCTOR: SAFIA (FISW)

IN THIS HANDS-ON PÂTISSERIE CLASS, KIDS WILL DIVE INTO THE DELIGHTFUL WORLD OF FRENCH BAKING. FROM CRAFTING DELICIOUS TARTELETTE AUX FRUITS TO PERFECTING FLUFFY MADELEINES AND MASTERING THE ART OF PIPING, YOUNG BAKERS WILL EXPLORE ESSENTIAL TECHNIQUES IN THE KITCHEN. THEY'LL PRACTICE MEASURING, MIXING, AND DECORATING ALL WHILE EXPANDING THEIR FRENCH LANGUAGE SKILLS – A SWEET EXPERIENCE ALL AROUND!



Geres

EN FRANCAIS S'IL VOUS PLAIT 3:30-4:30PM

GRADE:PS-K
INSTRUCTOR: IRENE (FISW)



THIS ENGAGING FRENCH IMMERSION CLASS USES SYMBOLIC PLAY TO ENHANCE ORAL LANGUAGE, VOCABULARY, AND CONFIDENCE IN A FUN, INTERACTIVE WAY. THROUGH THEMED ACTIVITIES LIKE STORYTELLING, ROLE-PLAY, AND GAMES, CHILDREN WILL NATURALLY BUILD THEIR FRENCH SKILLS WHILE EXPRESSING THEMSELVES CREATIVELY. THIS WILL GIVE KIDS AN EXTRA BOOST IN SKILL AND PRACTICE OUTSIDE OF THE CLASSROOM, SUPPORTING THEIR LANGUAGE GROWTH IN A PLAYFUL, NURTURING ENVIRONMENT.



CONTINUING ADULT FRENCH

3:45-4:45PM INSTRUCTOR: CHRISTEL (FISW)



THIS CONTINUING ADULT FRENCH CLASS IS DESIGNED FOR LEARNERS WHO WANT TO ENHANCE THEIR SKILLS IN A SUPPORTIVE, IMMERSIVE ENVIRONMENT.
FOCUSING ON BUILDING CONVERSATIONAL ABILITIES, INTERACTIVE ACTIVITIES TO IMPROVE FLUENCY, EXPAND VOCABULARY, AND DEEPEN UNDERSTANDING OF FRENCH GRAMMAR AND CULTURE. WITH ENGAGING DISCUSSIONS, ROLE-PLAYING, AND PRACTICAL EXERCISES. SUITABLE FOR INTERMEDIATE TO ADVANCED LEVELS